

## What does my child need to wear?

A very common question - Let us help...

1. We recommend dressing in layers in comfortable and warm clothes. Skaters need to be able to move and get up when they fall. Splash pants over fleece or jogging pants are recommended. Mittens or gloves are mandatory (hockey gloves are not advised).
2. A CSA approved hockey helmet is mandatory until a skater completes the Stage 5 badge. Facemasks recommended for beginners.
3. Skates: hockey skates or figure skates. It is advised that they learn in the skates they will be skating in later. Plastic/molded skates are not recommended – they are hard for the little skaters to learn to bend their ankles while skating.

## Additional Information...

Our CanSkate program works within the Long-Term Athlete Development Program, teaching balance, agility, and control. Our programs are run by NCCP Certified Coaches and Program Assistants. It is a fun and energetic environment with exciting teaching aids and rewards.

We have many programs to help your skater advance in any and all sports, on and off the ice.

## Our Sponsors



## Special Dates...

### Start & End Dates

#### Pre-CanSkate

- Thursday - **FALL:** October 4 - December 20  
- **WINTER:** January 3 - March 21  
Sunday - **FALL:** September 30 - December 23  
- **WINTER:** January 13 - March 17

#### CanSkate

- Monday - **FALL:** October 1 - December 17  
- **WINTER:** January 7 - March 18  
Thursday - **FALL:** October 4 - December 20  
- **WINTER:** January 3 - March 21  
Sunday - **FALL:** September 30 - December 23  
- **WINTER:** January 13 - March 17

#### Hockey Skills / ADULT Learn to Skate

- Monday - **FALL:** October 1 - December 17  
- **WINTER:** January 7 - March 18

#### Pre-STARSSkate

- Monday - **FALL:** October 1 - December 17  
- **WINTER:** January 7 - March 18  
Thursday - **FALL:** September 6 - December 20  
- **WINTER:** January 3 - March 21  
Sunday - **FALL:** September 9 - December 23  
- **WINTER:** January 13 - March 17

#### Non Skating Days

- Thursday, September 20
- Sunday, September 23
- Sunday, October 14
- Sunday, November 4
- Sunday, December 9
- Sunday, January 6
- Sunday, February 3
- Sunday, February 17



## OSHAWA SKATING CLUB

Ritson Centre, P.O. Box 82516  
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Email: [registrar@oshawaskating.com](mailto:registrar@oshawaskating.com)  
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[www.oshawaskating.com](http://www.oshawaskating.com)



**OSHAWA SKATING CLUB**

*All you need is a pair of skates*



## 2018-2019 CanSkate Learn to Skate Programs

*The only nationally recognized  
Learn to Skate program*

[www.oshawaskating.com](http://www.oshawaskating.com)



# CanSkate Learn to Skate Programs

## Questions?

[registrar@oshawaskating.com](mailto:registrar@oshawaskating.com)

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[www.oshawaskating.com](http://www.oshawaskating.com)

## PROGRAM DESCRIPTIONS

**Pre-CanSkate** is our program for 2 (as of July 1st) and 3-year olds. The focus of Pre-CanSkate is to get skaters comfortable on the ice using toys and games.

**CanSkate** is our program for skaters who are 4 years of age and older OR who have completed the Pre-CanSkate program. This is a Learn to Skate program for all ages and abilities. It will prepare skaters for all ice sports – figure skating, hockey, ringette and speed skating.

**Hockey Skills** is our CanSkate program with a focus on the skills required for hockey – edges, crossovers and advanced stops are some of the skills covered. Skaters must have completed CanSkate Stage 4 or be recommended by a coach to qualify.

**Adult Learn to Skate** is our Learn to Skate program for Adults wishing to learn to skate or improve the skills they already have. Adult Learn to Skate will run in conjunction with our Monday CanSkate program. A minimum of 3 participants will be required.

Programs	Monday Campus Ice Centre	Tuesday Campus Ice Centre	Thursday Legends (Pad 4)	Sunday Campus Ice Centre
<b>Pre-CanSkate</b>			<b>6:10 - 6:40pm</b> <b>6:35 - 7:05pm</b> Fall - \$220.25 Winter - \$232.95 F&W - \$387.50	<b>10:10 - 10:40am</b> <b>10:35 - 11:05am</b> Fall - \$194.85 Winter - \$182.15 F&W - \$311.30
<b>CanSkate</b> **Monday - prerequisite to register is complete Level 1 badge	<b>6:15 - 7:05pm **</b> Fall - \$271.85 Winter - \$271.85 F&W - \$478.00	<b>PLB</b> Private Lessons for Beginners  <b>Tuesday</b> <b>5:45 - 6:35pm</b>  Fall - \$204.00 Winter - \$204.00 Full Year - \$456.00 **Full year is Sept-Mar	<b>6:15 - 7:05pm</b> Fall - \$271.85 Winter - \$288.85 F&W - \$495.00	<b>10:15 - 11:05am</b> <b>1:15 - 2:05pm</b> Fall - \$237.85 Winter - \$220.85 F&W - \$393.00
<b>Hockey Skills</b>	<b>6:15 - 7:05pm</b> Fall - \$271.85 Winter - \$271.85 F&W - \$478.00			
<b>ADULT</b> Learn to Skate	<b>6:15 - 7:05pm</b> Fall - \$271.85 Winter - \$271.85 F&W - \$478.00			
	<b>6:15 - 7:05pm</b> Fall - \$271.85 Winter - \$271.85 F&W - \$478.00		<b>5:15 - 6:05pm</b> Fall - \$322.85 Winter - \$288.85 F&W - \$546.00	<b>11:15am - 12:05pm</b> Fall - \$271.85 Winter - \$237.85 F&W - \$444.00
<b>Pre-STARSkate</b>	<b>Off-Ice Training</b> <b>Sunday 10:15-11:00am</b> F&W - \$160.00 This session for Pre-Star/A skaters will focus on stretching, flexibility, and movement. Bring running shoes, workout clothes and yoga mat.		<b>! NEW ! Fundamentals</b> <b>Sunday 12:15-1:05pm</b> F&W - \$472.00 This extra session for Pre-Star and above skaters will be Coach instructed and will focus on 'the basics of skating including stroking technique, turns and edges'.	

**Pre-StarSkate** is our Learn to Figure Skate program. Skaters continue to complete their CanSkate badges, while being introduced to basic spins and jumps. Skaters must have completed their Stage 4 badge or be recommended by a coach to qualify. Figure skates are mandatory.

**PLB** is our Private Lessons for Beginners program. This session is for skaters who wish to receive private lessons to complement their skating program. Registration is only available in conjunction with another Learn to Skate program. A private coach is required and can be selected from our list of Club Coaches on our website. Lesson fees are in addition to Club membership fees and are paid directly to the coach.

## REGISTRATION FEES

All registrations will include the Skate Canada fee (\$32.70) and the Safe Sport fee (\$3), providing athletes with insurance which covers the full season (September 1-August 31). Also included is a Club membership fee which will be charged based on session length e.g. Fall, Winter or Both.

There is also a Fundraising fee (\$40) that will be added to all memberships (excluding Pre-CanSkate). This is for the Ontario Skaters' Promotional Contest booklets. Your \$40 can be recouped by selling 20 raffle tickets for \$2 each.

OSC reserves the right to change prices or schedules without notice. Ice cancellations due to arena unavailability, weather, or unforeseen issues are not the responsibility of our Club.