

## **PRIVATE COACHING INFORMATION FOR OSC MEMBERS**

Private or Semi-Private Coaching is available on all sessions and is recommended for Starskate 1 and required once the skater reaches Starskate 2. These lessons are given during the skater's regular session. Typically a student will sign up for 15 minutes of private coaching and spend the remaining time practicing or participating in a group lesson if offered in the program.

### **HOW DO I CHOOSE A COACH?**

It is up to the skater and the parent to contact a coach directly to inquire about private lessons. This arrangement is independent of the Club. The OSC executive endorses all of our coaches equally and will not recommend a specific coach. To choose a coach the Club recommends that you talk to other parents and skaters, observe the coaches on the ice with other skaters, review the Coach's Resume (at [www.oshawaskating.com](http://www.oshawaskating.com)) and talk to the coaches on an individual basis. It is extremely important that your skater likes his/her private coach so let your skater tell you whom they prefer. When you hire a coach, the agreement is made between the skater, parent and the coach. The Club assumes no responsibility for private lessons arranged between the coach and the skater or for fees incurred as a result of this agreement.

### **WHAT ISSUES SHOULD YOU CONSIDER WHEN SELECTING A PRIVATE COACH?**

- The Coach's availability – Does the coach have time?
- How many sessions per week do you want? How many lessons per week can the coach provide?
- How much does the coach charge?
- Does the coach's philosophy match that of your skater? Coaches have different approaches and attitudes toward teaching, competition, tests, etc.

### **TELL ME WHAT TO EXPECT?**

Typically, private lessons are 15 minutes long, with the remainder of session dedicated to practice. Where skill level is similar, lessons can be shared between skaters. As a skater progresses, they may work with more than one coach, to cover a range of disciplines. Coaches bill monthly for private lessons and parents pay the coach directly. If a skater is absent for a lesson it is their responsibility to give the coach adequate notice. Each coach has his/her own policies regarding cancellation and missed lessons.

### **HOW DO I MAKE A COACHING CHANGE?**

At some point you may wish to make a coaching change, you must first find out if the coach you wish to change to has time. You must then notify your current coach of your intentions. All outstanding fees must be paid to the previous coach before lessons with the new coach can be begin.